

NATIONAL BOYS CHOIR
OF AUSTRALIA

Elementary Choristers Circular No. 6

Tuesday 16 March 2021

NBCA Fun Run/Walk 2021

Sunday 21 March 11:30am – 1:00pm

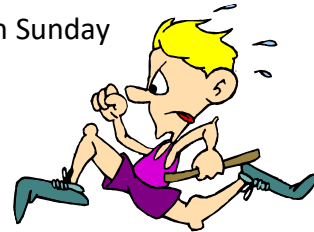
Gardiners Creek Reserve, Burwood

PARTICIPANTS

If you intend to join us **this Sunday, 21 March**, for the Fun Run/Walk, please let us know!

We know there are people out there intending to show their support and join in on Sunday but for planning purposes, we urge people to register their [intent to participate](#).

Only 5 sleeps to go and the weather seems to be on track for a Magic Melbourne Autumnal Sunday – mostly sunny and 27 degrees. 😊 – perfect for a Fun Run/Walk.



After the disconnection caused by COVID-19 restrictions last year, this is a fun and social event that will bring us back to together again. 40 – 50 minutes spent outdoors in the fresh air chatting, walking or running with family and friends. You can even bring the dog.

- ★ Meet at 11:00 am for an 11:30 am start – enjoy a sausage at the end
- ★ Sponsorship forms have already been emailed home

VOLUNTEERS

We are still looking for some helpers on the day – **Marshals** are our priority. If the legs don't operate like they used to, perhaps you can stand (or sit) at one of the 18 markers around the course and encourage participants on their mission to complete the 4km course.

However, we don't want to discourage you from running or walking with your boys, so perhaps Granny or Uncle Fred might like to be part of the day but are just not up to the walk? Well this is the job for them! 😊



Please register by 5:00pm Thursday March 18

There are great prizes up for grabs for those families who raise the most donations!

OVERALL PRIZE – the NBCA family who raises the highest amount of money

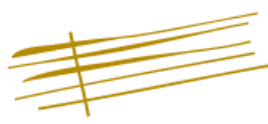
- ★ 1 x JBL Clip 4 Portable Bluetooth Travel Speaker valued at \$89.00

2 x RUNNER-UP PRIZES (1x Performing Choir and 1 x between Elementary and Junior Choirs)

- ★ Sony ZX310 Sound Monitoring Over-Ear Headphones valued at \$79.95 each

Thank you for registering your support, and we'll see you on Sunday!

ALL weekly circulars will be forwarded via email (unless advised otherwise)
<https://nationalboyschoir.com.au/choir-community/>



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DATES ON THE HORIZON . . .

Sunday 21 March	NBCA Fun Run/Walk 11:00am to 1:00pm <i>this weekend!</i>
Wednesday 31 March	Elementary Choir – rehearsal visit (last 10 minutes – details to follow shortly)
Sunday 25 April	Bunnings Sausage Sizzle (details to follow shortly)

COVID-SAFE RULES

The following COVID-19 rules apply:

- Face masks are welcome, but no longer required
- If anyone in your household is sick, please do not come to Choir
- If you have been to any of the exposure sites as listed here:
<https://www.dhhs.vic.gov.au/case-locations-and-outbreaks-covid-19>
- Please follow DHHS instructions regarding isolation and testing



Any change to the regular Elementary rehearsal schedule, due to health warnings, will be advised via email to all families, usually within an hour of announcements being made.

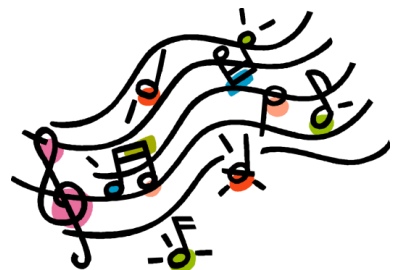
HOMEWORK

We are currently memorising lyrics, practising posture and good belly breathing (relaxed shoulders). All music will be performed from memory so work between each face-to-face rehearsal is required to assist this process. It is wonderful to see choristers already attending with some music already memorised. If you haven't already memorised 'My Dog Jed', please make this your priority. We would also like to add 'Start Every Day with a Song' to the memorisation list.

Repertoire List & Vocal Warm-up Videos

Here is our repertoire list which includes all details on parts for choristers to revise at home for practice. Please take the time to look over these songs and learn the words. Once you have practiced, make sure they're returned to your satchel ready to bring to our next rehearsal.

- ★ Vocal Warmup Videos (online for you to utilise in practice)
- ★ Singing is Fun/Sing sing together (practice tracks uploaded online)
- ★ Sing Allelu (practice track uploaded online)
- ★ Start Every Day with a Song (practice track uploaded online)
- ★ My Dog Jed (practice track uploaded online)
- ★ On a little piece of string (practice track uploaded online, no sheet music)
- ★ One two three (practice track uploaded online, no sheet music)
- ★ To Tell a tale of two (practice track uploaded online)
- ★ Taba Naba (no sheet music, learnt by ear, track uploaded to assist practice)





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- ★ When the sleepy man comes (practice track uploaded online)
- ★ Wadawurrung (Part 1)
- ★ For the Children – Part 2 (track uploaded to assist practice)
- ★ **NEW:** Singabahambayo – Part 2

CAR PARK

- Please park only in marked spaces, not in staff parking bays, yellow painted areas or in the garden/on the grass
- Speed limit is strictly 10 km/h – there are lots of children around
- Traffic is one-way, in a clockwise direction

TOILETS

Boys are reminded that choristers' toilets are at the far end of the studios. The toilets in the foyer are for staff and visitors.

COVID-SAFE REHEARSAL PLAN

Please observe the Choir's **COVID-Safe Plan**:

- All rehearsals are held at our Ringwood studios in person unless otherwise advised
- Please drop off and pick-up your son from the carpark - *the office will be available after rehearsal has commenced, but the foyer remains closed*
- Doors will open **five minutes** before rehearsal commences
- On arrival, boys will be asked to sanitise their hands
- Boys will move straight to their places in the studio, keeping a 1.5 metre distance away from each other, following the tape markings on the floor
- Boys are reminded to wash their hands thoroughly after using the toilet, and to cough or sneeze into a tissue, handkerchief or their elbow

Friendly reminders...

- ✓ **URGENT:** Email or phone us your expression of interest for Sunday's Fun Run/Walk
- ✓ **PRIORITY:** Memorise 'My Dog Jed' and 'Start Every Day With a Song'
- ✓ **PRIORITY:** Homework items, breathing and posture, use practice tracks and videos
- ✓ Doors open five minutes before rehearsal starts (not before)
- ✓ Epipens, asthma inhalers and spacers in satchels each week if required