

# **Elementary Choristers Circular No. 16**

Wednesday 10 June 2020

DATES ON THE HORIZON	
TODAY!	Rehearsal 4.45pm to 5.30pm (see details below)
твс	Elementary Showcase (to be re-scheduled)
Saturday 25 July	NBCA Mid-Year Concert, Robert Blackwood Hall Monash University
	(to be re-scheduled)
Sunday 20 December	NBCA Annual Christmas Concert, Hamer Hall

## NBCA CORONAVIRUS PROTOCOLS & REHEARSALS

Please remember to read the NBCA's procedures for return to rehearsals in the Ringwood studios, starting today. Rehearsal will be held from 4.45 to 5.30pm.

#### We will be welcoming the following choristers at our studios today:

E1 Ethan Akula, E5 Moses Chan, E9 Sasha Dean, E12 Benjamin Guan, E16 Charlie Huang, E17 Harrison Keegan, E18 Steven Kou, E22 Yuankai Li, E23 Thurston Long Nguyen, E25 Windsor Ma, E27 Jack Morgan, E31 Shahan R-Shakeel, E33 Adi Rob, E36 Emerson Sebire E38 Noah Stepien, E43 Dean Thongyen, E44 Trin Thongyen, E50 Colin (Langran) Zhao

#### All other boys will be rehearsing from home and the Zoom details are as follows:

https://us04web.zoom.us/j/222025139?pwd=MmZ1RDdTNzdKV0FwbTduWVh3NGtwUT09 Meeting ID: 222 025 139 Password: NBCA2020

## If you would like your son to attend rehearsal at our studios from next week, please contact the Office by 5.00pm this Sunday, June 14.

We suggest you might have your son practise wearing a face mask at home, to get used to the idea. They don't need to be worn for Zoom rehearsals. Please reassure him that they are only a precaution, like wearing a seat belt in a car. There are still no reports of infection connected to the Choir community. If your son cannot wear a face mask, please contact the Office.

#### A quick reminder of the procedure going forward:

- Drop off/pick up in the carpark ٠
- Sanitise and temperature check at the door with staff •
- Cloth face masks will be issued at rehearsal
- Spatial distancing of 1.5 metres is required (no close contact) follow the floor markings
- Bring music satchel, pencil, eraser, sharpener, water bottle, sanitiser
- No sharing music, equipment, water bottles •
- Wash/sanitise hands after toilet or cough/sneeze •
- Exit one by one staff to supervise •

Please let us know if you have any issues or if you're an apology each week by emailing the office at office@nationalboyschoir.com.au . Mrs de Jonge will be monitoring emails before and during each rehearsal.



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## HOMEWORK

How wonderful to see so many of you moving and keeping up with some tricky dance moves last week. We hope you all had fun!

This is an exciting week as it's our first face-to-face rehearsal. The artistic staff have been busily preparing for this rehearsal, and we are so grateful for your patience and hard work during the online zoom rehearsals up until now. While we transition back to full Elementary choir face-to-face rehearsals, we are pleased that choristers are joining us in person and online until numbers can increase.

## Your practice focus this week is back to POSTURE and BREATHING!

Over the last number of weeks, this has slipped a little so please be mindful of how you are standing to practise. Remember, as you breathe in expand your tummy and keep those shoulders relaxed. First, start on the floor with our breathing exercises and then move in front of a mirror and watch yourself while you sing. Then, check in that you are expanding and keeping those shoulders relaxed and still.

The repertoire list below shows what music you need to practise at home. Please use the practice tracks from the NBCA website to go over this music.

#### Repertoire List

- Chariot's Comin'! (Part 2/Lower Part)
- Angels in the Snow
- Kangaroo
- Ickle Ockle
- On a Log
- Mister Sun
- Moon So Round and Yellow
- Breathing exercises
- The Salley Gardens
- Can you hear me? (Lower part track)
- Algie Met the Bear
- Water Spout Song
- Calypso Song



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## **The Entertainment Book**

Head to <u>https://www.entertainment.com.au/orderbooks/181d541</u> to secure yours today!

# FUNDRAISING - Cadbury Chocolate Block Raffle



For people who have purchased tickets in our G I A N T chocolate block raffle – never fear, we *will* be drawing this raffle - we have simply put this on hold until choir resumes in a more normal way. We promise to keep you posted . . . .



# Tickets are \$5 each or 5 for \$20

Please email <u>office@nationalboyschoir.com.au</u> if you still want to purchase a ticket or two (or five <sup>(C)</sup>).